

# Marriage (vivaaham)

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*The magazine used to discuss not only health and diseases, but everything related to life. This article is on married life. The role of both the partners has been examined in depth in this. The emotional, psychological and physical perspectives of spousal life are analysed, of course, in terms of the concepts during that period.*

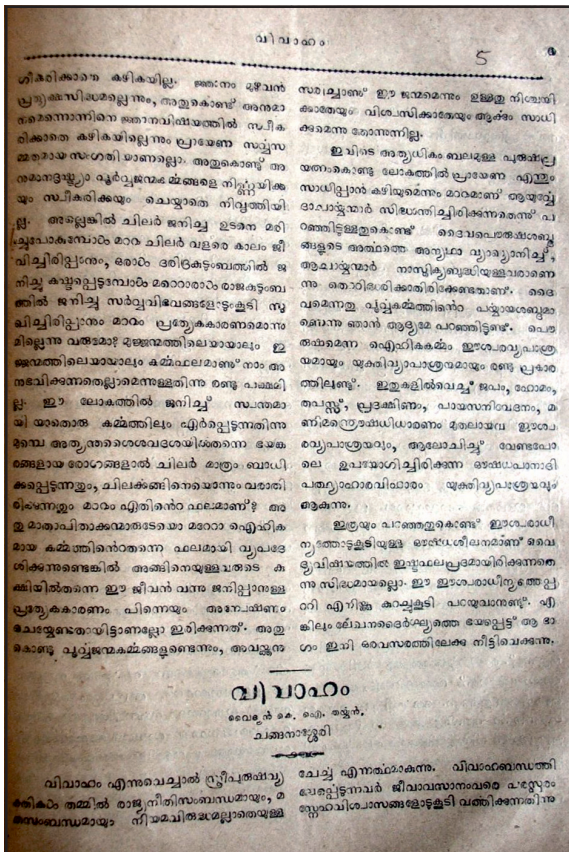
Marriage can be defined as the legal union of a man and a woman under the confines of the justice system of a nation or a religion. It is a lifelong obligation of love and trust.

According to Bacon, “Wives are young men’s mistresses, companions during the middle age, and old men’s nurses.”

As per the law of mother nature, it is evident in everything around us, the rules are laid for choosing the right partner. Yet, man, like all the other rules that he knowingly breaks and alters for his selfish escapades, he now finds the diluted version of the laws of marriage.

Women, being the weaker sex, yearn for security, friendship and love from men. The men, on the other hand, consider beauty as the primordial entity of women. It is the beauty from which all other desires rise in him. Therefore, he considers friendship, the bedrock of the women’s fortune in the relationship, as something trivial. Nevertheless, the life of the man blessed with a loving and compatible wife will be that of abundance remains an irrefutable fact. The couple will be blessed with exceptional progeny. The role of the devout wife and mother usher in the glory for women.

Marriage is holy and sacred. Yet, if one ponders whether getting married is the better option rather than remaining single, he would find that the



former holds the better stead than the latter. “But if they cannot control themselves, they should marry, for it is better to marry than burn with passion,” says Saint Paul but if one consecrates God in his heart then undoubtedly his deeds and life becomes fortunate.

Marriage makes life long lasting, healthy and beautiful. It refines the couple, bridging two distant hearts, bringing them closer, inspiring others to tread the path and consummate the marriage. The couple should make sure that their respective ineptitudes on many things are nullified by their love and tactical approach.

It would not be an exaggeration if I state that their life built on the bedrock of love, trust etc, and win match the joy of heaven!

Character of the wife is paramount for it is on this that the husband will start sharing the responsibilities, seek her opinion on family matters and provide the keys to the heart and the kitchen. She is to support him in the highs and lows in the race of life as a friend in need. The home, the accolades and the joy in his life all rests in her. Therefore, the life lead on the bedrock of transparency, trust and truth will run smoothly.

Her face is the window to his heart. As the saying goes, “Like father, like son.” Yet, here it is the daughter. Therefore, the qualities such as compatibility, physical abilities, lineage, skill, habits, beauty are to be assessed rather than her financial statements to squeeze in the dowry. The manner in which the family of the groom pigheadedly persist on the dowry seems as if it is the wealth that is going to be the partner for life!

Chastity is the hallmark of a woman like the gemstone on the crown. Any harm to it will cause irreparable damage and since it is primordial in the eyes of both the society and God, the ripple effect will be unfathomable.

It is better to keep mum to the emotional beings who draw parallels between marriage and natural urges like hunger and thirst and claim that constitutional requirements or religious rituals for two people to lead a life together are needless. The eyes and ears provided for them are mere objects because they feign blindness and deafness.

The thinkers on the other hand claim thus:

The marriage held under the auspices of wise elders with reputed social standing between two matured people as per their destinies. It is in the most opportune moment that blesses the society with a generation of hardworking, loyal, law-abiding obedient people strengthening the nation.”

Marriage enhances the bond between the couple, intensifies the grace and showers them with bliss. Marcus Aurelius says, “The wise man mostly guides the wife with moral advices and sometimes with rebuke but never through power. Use of physical power, if prevalent, then their life is doomed!

In Christianity, the man ushers in the wife to the altar; the symbol of the ultimate sacrifice and swears to love and protect her till the end of his life. They become one body and one soul, and lead a joyous and inseparable life.

Unlike other species, we humans crave for companionship. Therefore both the man and the woman want to shed the primeval urge to mate and come together through the means of marriage according to the rituals of the God and the rules of the law. The force that enables us to tread this path reside in us, whom many refer to as The God.

Passion is as bright as the light and as pious as the holy shrine of the God. A person blessed with self control enjoys it whereas a loose person is always anguished by it.

All we witness is lust among the emotional beings whereas we see true passion shining among the enlightened people. It is imperative that passion thrives among the disciplined. Therefore it stands as the second most important quality among women. The first being chastity as mentioned earlier, opines Havelock Ellis.

If the married couples execute their responsibility to bless the society with children who are said to be the image of God, in a proper manner, then the world will be filled with people with pure mind and body skilled with the abilities to fulfill both the worldly and spiritual affairs. It is an irrefutable fact that such citizens are the true wealth of the nation.

We have seen couples where either the wife or the husband will be bad mannered to their respective pious partners. The disastrous life they lead are beyond words. They will be unable to even imagine about a joyous life. Hence the quote of a wise man, "A person with a discourteous partner experiences the anguish of the one that is cursed with all the sufferings of the world."

### **The intentions of Marriage**

1. Strengthen one's perception of the self, the home and the community to lead a wholesome life.
2. Progeny
3. Controlling the wild wanderings of the mind.

(...to be continued)

